

Case study – Jack

Jack is 8 years old and attends West SILC in Leeds. He has global development delay and has been on the MOVE Programme for approximately 4 years. He likes anything that is noisy and gets very excited by sound. Before being on the MOVE Programme Jack was very sensitive to touch and had trouble weight bearing as he was reluctant to put his feet on the floor, which limited his mobility and the extent to which he could interact with his peers. However, since using MOVE Jack has made fantastic improvements. He will now take his own weight, he has better balance and his awareness of the world around him has increased.

Where as Jack used to just hang in his walker, he now moves around, giving him more freedom and choice about his surroundings. One of Jack's favourite activities is using his walker to explore around the classroom and if he finds the door open will go exploring down the corridor!

Jack now practices his standing in a variety of places but his favourite is the trampoline where he is able to roll on to his tummy and back unaided and can get from lying to sitting. He can also sit on a bench or stool independently for short periods once he has stabilised himself, but requires supportive seating to take part in activities requiring him to use his hands.

His mother Julie says that, *“MOVE means the world to him and has been really beneficial in getting him up and walking and transferring which means that he can now walk into rooms and not be carried. It has brought him on tremendously.”*

