



## MOVE Courses

MOVE is an innovative programme which combines therapy and education to effectively teach children and adults who have physical difficulties, and may or may not have a learning disability, functional activities based on the skills of sitting, standing and walking.

MOVE has been shown to develop a person’s physicality bringing health benefits as well as encouraging cognitive development, boosting their confidence, self esteem and ability to actively participate in the world they live in.

**MOVE PRACTITIONER TRAINING - £350/£250 per place** (The cost for the first person from a new establishment to attend is £350, which includes a MOVE Manual. Further places thereafter are £250)

The MOVE Practitioners’ Course provides not only a general introduction to MOVE but also the knowledge to implement and tailor it’ use it to one’s own circumstances and needs.

MOVE Practitioner Courses can be ‘in-house’, (contact us directly for further details on this) or ‘open’. If you wish to attend one of these courses please tick the boxes below and complete the form with all your details on the next page.

### MOVE TRAINER TRAINING - £2,484 per place

If you have been a MOVE Practitioner for at least a year why not take the step to become a MOVE Trainer. MOVE Trainers are vital to the MOVE Programme as your work in providing Practitioner training is essential for expanding the Programme both locally, nationally and at an international level. As a Trainer, your centre/school benefits because you can -

- 1) Train all your school/centre staff to become MOVE Practitioners at no additional cost ensuring the MOVE programme remains sustainable in your school or centre without extra training charges.
- 2) Have the opportunity to attend Trainers workshops to meet other Trainers from across Europe and share best practice of MOVE
- 3) Mentor local MOVE Practitioners, supporting the development of MOVE in your area
- 4) Get support from our Development Officers and MOVE Head Office.

### Register of interest (please tick the appropriate box)

Practitioner Training

Please reserve ..... place(s) on the..... course

Trainer Training

Please reserve ..... place(s) on the ..... course

**Please note that all places are allocated on a first come, first serve basis. We advise that you book early to avoid disappointment.**

### Payment Options<sup>1</sup>

<sup>1</sup> **Cancellation policy:** This fee is 75% refundable if cancelled 4 weeks in advance, 50% refundable if 2 weeks in advance and non-refundable if notice is given less than 2 weeks in advance.

I enclose a cheque for ..... (payable to MOVE Europe)

Or:

Please send me / my employer an invoice (please supply address details below)

(Note: To secure a place , payment must be received at least 4 weeks before the course)

**Contact Details for Attendee(s):**

|                                       |           |
|---------------------------------------|-----------|
| Course date you would like to attend: |           |
| Name:                                 |           |
| Job Title:                            |           |
| Organisation:                         |           |
| Address:                              |           |
|                                       | Postcode: |
| Tel:                                  | Email:    |

|                                       |           |
|---------------------------------------|-----------|
| Course date you would like to attend: |           |
| Name:                                 |           |
| Job Title:                            |           |
| Organisation:                         |           |
| Address:                              |           |
|                                       | Postcode: |
| Tel:                                  | Email:    |

Please photocopy this form as necessary if you have additional attendees.

**Address for Invoice:**

|                                       |           |
|---------------------------------------|-----------|
| Course date you would like to attend: |           |
| Name:                                 |           |
| Job Title:                            |           |
| Organisation:                         |           |
| Address:                              |           |
|                                       | Postcode: |
| Tel:                                  | Email:    |

Please return this slip to:

MOVE Europe, Unit C, 15 Bell Yard Mews, Bermondsey Street, London, SE1 3TY

Tel: 020 7403 6382 Fax: 020 7403 6578 email: [move@move-europe.org.uk](mailto:move@move-europe.org.uk)

If you have any questions or require more information, please contact us on the above details