

## Case Study- Josh aged 9

Josh has genetic Trisomy 20 Mosaicism and has been using MOVE since November 2001. When he first came to the West Specialist Inclusive Learning Centre he had very low tone, poor head control, no sitting balance and no weight bearing skills and he sat either strapped into a chair or lay on the floor. His awareness of the world and ability to interact with objects and people was very limited.



Josh went straight on the MOVE programme using it everyday and he has made slow but steady progress over the years. As he's progressed in his functional sitting, standing and walking skills it has become easier to engage him in activities and increase the opportunities he has to interact with others. He is now giving eye contact and engaging in vocal interactions and enjoys clapping games.

Josh has had good sitting and standing skills for a number of years but due to a lack of motivation he has struggled with his walking. However, thanks to everyone's perseverance he can now walk around school and home with only an adult giving a prompt at his right elbow and hand, and he can even take two or three steps by himself.

His increased strength and mobility has made life easier for his mother as he can now push himself to standing, sit independently in the bath and hold onto the bathroom whilst being changed. Josh's mother Linda comments *"MOVE has definitely helped the family, we can't believe how well he is doing now! I no longer need to pick Josh up so he can stand, he can do it himself and it's great to see how excited he gets when he knows he's done something for himself"*. Josh's teachers have high hopes that he will eventually walk independently and thereby open up a whole new way to explore his world.

