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SCHOOL CELEBRATING THE HARD

WORK OF PUPILS IN TRANSFORMING THEIR LIVES

Learning to move for independence

PUPILS at Mayfield School in Whitehaven took part this week in celebrating National MOVE day aimed at transforming the lives of severely disabled children.

In 2003, Mayfield became the first regional centre for Move in the UK and on Tuesday sessions were held at the school to show the great strides made by the Whitehaven pupils.

Deputy headteacher Lynne Brownrigg said: "Our children, teachers and parents have all worked extremely hard with the MOVE programme, it's unique in teaching severely disabled young people the skills of sitting, standing and walking to the very best of their ability.

"It gives them the chance to take greater control of their lives, leading to opportunities to make choice and increased, highly-valued independence."



On the way: Youngsters have made great strides towards becoming independent through MOVE



Fun: It's hard work, but a laugh too for Jack at Mayfield School as he works on his walking





Keeping up: Paediatric physiotherapist Sandra Heddle and deputy headteacher Lynne Brownrigg help children Jack and Frankie-Leigh go through some of the exercises on national MOVE day

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Spirit: Bradley Crawford works hard as he shows what he has achieved through the MOVE programme

MIKE MCKENZIE

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