

# On the MOVE

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Autumn / Winter 2008



## MOVE REGION OF EXCELLENCE

On June 19<sup>th</sup> we were extremely proud to announce Moray in Scotland as our first MOVE Region of Excellence.

This unique achievement was awarded as Moray is the only area which provides access to the MOVE Programme for every child in the region who could benefit from it. MOVE in Moray is now fully sustainable; this includes the monitoring of progress, training delivered locally and a support system from a multiagency policy from Health, Education and Social Services. This award acknowledges Moray's total inclusion delivered over many sites to all of the children who could benefit from the Programme.

The day was celebrated in style with all those involved coming together to witness the handover of the plaque. Liz Gray, MOVE Consultant for Moray, who has been instrumental in gaining this achievement comments:

*"The excitement and anticipation of receiving the Region of Excellence Award from MOVE was infectious! We were determined to make it a day of celebration for the children & families. No less we wanted it to be an acknowledgement of the hard work put*

*in by all concerned in the 13 schools, nurseries and developmental playgroups in Moray that are currently using MOVE.*



Louise (centre) with plaque

*A policy of total inclusion in Moray effectively meant that a "centre award" was not appropriate. Receiving the award was for the whole region and so we gathered on the 19<sup>th</sup> June at the Eight Acres Hotel in Elgin.*

*We were delighted to welcome "Bob the Builder" who was a real hit with our younger guests! To receive the award itself on behalf of Moray was Louise Clarke, who was the first child on the Programme here. Louise, now at High School, accepted the award from Peter Holland and posed afterwards for the local press. It was a great day for all!"*

We at MOVE would like to pass on our

gratitude for the efforts of all of those involved in Moray. We have been working towards this milestone since the MOVE Programme was established in the UK and it was a momentous day to see it achieved. It is now our aim to replicate this work throughout the rest of the UK and Europe, so that all those disabled children are able to access the same opportunities for a healthier and happier life.

**For more information on becoming a MOVE Region of Excellence, please contact Conchita Garcia (contact details on page 8).**



Bob the Builder playing with the children

## DATES FOR YOR DIARY

### Practitioner Training

- 27<sup>th</sup>-28<sup>th</sup> January – Disabled Living Foundation, London
- 12<sup>th</sup>-13<sup>th</sup> May 2009 – Birmingham, venue tbc
- 10<sup>th</sup>-11<sup>th</sup> June 2009 – Disabled Living Foundation, London
- 29<sup>th</sup>-30<sup>th</sup> September 2009 – Disabled Living Foundation, London
- 9<sup>th</sup>-12<sup>th</sup> March 2009 – Johann Gottfried Herder Landesschule, Austria

### Trainer Training

- 5<sup>st</sup>-9<sup>th</sup> October 2009 – London, venue tbc
- 16<sup>th</sup>-20<sup>th</sup> November 2009, Capability Scotland, Edinburgh

**Fully funded training provided in Hertfordshire and Hampshire by the Friends of MOVE– Hampshire and the Childwick Trust for those living or working in these areas. Please contact us (page 8) for more details.**

Hampshire free training supported by Friends of MOVE-Hampshire, 3<sup>rd</sup>-4<sup>th</sup> February 2009 - venue tbc

Hertfordshire free training supported by The Childwick Trust 10<sup>th</sup>-11<sup>th</sup> February 2009 - venue tbc

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## A WARM WELCOME



Peter Holland, CEO  
MOVE Europe

Dear All,

I would like to welcome you to the Autumn / Winter 2008 edition of 'On the MOVE' in which you will see we have been very busy expanding MOVE in the past six months. We are pleased to report that we have made good progress overseas with Austria representing MOVE in Qatar and further developments being made in Palestine; (page 3) both helping to extend the awareness of MOVE .

A big focus of ours in the past few months has been National MOVE Day. This was widely celebrated with many schools adopting the Olympic theme to celebrate in a sporting fashion, while other schools came up with their own ideas. I would like to thank everyone for taking part and helping to make it a memorable day. Further details on the event are to follow in our Spring/Summer edition including the announcement of the winner of the £500 Jenx voucher.

You will see in our 'Hellos and Goodbyes' section that we have some new faces on the MOVE team. We look forward to working with them and hope they enjoy working with us in their new roles.

I am also happy to announce our first Region of Excellence in Moray where all children who could benefit from MOVE now have access to it (see page 1). This is a very important step for MOVE and one that we are hoping to repeat throughout the country.

We are also proud to say that we have made an important step into academia with a module on MOVE being added to the Masters Course in Special Needs at Canterbury Christchurch University (page 4) .This is a significant step in the recognition of the benefits of the MOVE Programme and one we hope to see replicated in the future.

I would like to thank everyone who has supported MOVE in the last six months; it's only through your efforts that the expansion mentioned has been possible. We hope that next year is going to be as productive as this one has been. I hope you enjoy reading about your news and I look forward to updating you on our progress in our next edition of the newsletter.

With every best wish

Peter Holland, Chief Executive

## HELLOS AND GOODBYES

Last month MOVE said goodbye to Kate Gare, Director of Business Development. Kate, who worked with MOVE for over four years, has left to work as a therapist and she will be sadly missed in the head office. We wish her the very best.

However we would like to give a warm welcome to Amanda Tucker who is replacing Kate. Amanda is joining us from a career in fundraising in the not-for-profit sector and we are looking forward to her becoming part of the MOVE team.

We would also like to welcome three new Consultants to the MOVE team:

Stephen King, Assistant Headteacher at St Nicholas' School, Canterbury says:

*"I was sold on MOVE from the first day of my Practitioner Training in 2004 - as a parent of a young man with physical disabilities the integrated approach resounded with me, as my wife and I have had to teach him the skills to become independent" and we integrated / generalised his experiences in order for him to succeed!"*

Jorgen Kristensen, teacher at Geelsgaardskolen in Denmark says:

*"I have been working as a teacher for almost 30 years and during the last 6 years I have been practising MOVE in my daily work. In 2003 I became a MOVE Trainer after taking the course in Scotland. In my school we have 25 children who all benefit from the MOVE philosophy and whose families we are in close contact with."*

Gail Evans, physiotherapist at Carnegie Clinic, Fife, Scotland says:

*"I started using MOVE in 1999 and instigated it in a Special School and in a Special Unit in a mainstream Primary School and have helped introduce it to two to sixteen year olds in Fife. Now, since becoming a MOVE Consultant I'm looking forward to having more areas to introduce MOVE to and gaining from the experiences of other Consultants in the UK and Europe."*

**Our new Consultants are available to support MOVE Practitioners and Trainers in their areas as well as expanding the MOVE network. Please see page 8 for their contact details.**

## ACCESSIBLE FORMATS

**We are now able to offer copies of 'On the MOVE' in a variety of accessible formats . If you would like more information please contact Conchita Garcia at [conchita@move-europe.org.uk](mailto:conchita@move-europe.org.uk)**

## MOVE IN PALESTINE

On Thursday 12<sup>th</sup> June 2008, MOVE Manager of Professional Development, Christine Shaw, headed back to Palestine to follow up a visit she had made seven months before to deliver MOVE training to staff and families at the Community Based Rehabilitation (CRB) Programme in Bethlehem. The centre aims, as one of its many objectives, to provide education and training to carers and therapists in order to improve the lives of the children.

Since Christine's last visit a building had been found and a centre for MOVE in the region of Hebron set up. On this visit Christine was able to spend time with several families and hear some MOVE success stories. These included a child who had only lain on her back before but was now sitting in a chair, with just a little support! Christine also took part in some swimming with the children, showing one young man that with the support of the water he could stand all by himself.

What the team has achieved since Christine's last visit has been amazing. Most children were sitting in chairs, standing in upright standing frames and therefore taking their weight, or walking, with various types of walkers. The children were allowed to lie down only for short periods to rest between activities.

Although not training this time, Christine found it was a chance to give some practical advice and support on how best to facilitate the children in increasing independence. She would like to wholeheartedly congratulate all the staff, those from the centre, from the Italian NGO, from the Community Rehabilitation Project and also the families on what they have achieved in such a short time.



Christine with Samira

Since the newsletter has gone into production Christine has been back in Palestine, supporting the centre already

using MOVE and delivering a course for staff at the Princess Basma School in Jerusalem which caters for large numbers of children with varying disabilities. We hope to be able to update you with more great news in the future.

**For more information on MOVE in other countries see our website or contact Conchita Garcia (details on page 8).**

## MOVE IN QATAR

On April 19<sup>th</sup> this year MOVE Consultant, Claudia Penn, and MOVE Trainers, Christian Berndorfer and Elisabeth Ringer-Neumann, travelled from their school in Austria to the Shafallah Centre for Children with Special Needs in Doha, Qatar. The centre, which works with children with physical and mental

disabilities and autism aged between 3 and 21, hosted a three day Annual International Forum on Children with Special Needs. The forum, featuring key note speakers Cherie Blair and Sir Phillip Craven, President of the International Paralympics Committee brought



Claudia, Christian and Elisabeth

together professionals from all over the world to open up discussion on disability, sport and human rights.

Representing MOVE, Claudia, Christian and Elisabeth talked to physiotherapists and doctors about MOVE and using it in their centres. They also had the chance to work with some of the children from the Centre and it was with the help of a pacer that the forum witnessed a severely disabled girl walk independently for the first time for over 25 meters.

The forum went very well with many enquiries made about the MOVE Programme. Claudia commented:

"It was a great honour to represent MOVE at such a big international forum and a special experience for us to meet so many people from all over the world."



A new MOVE-er!

**If you have any exciting news to share in our next edition of 'On the MOVE' please contact us and let us know (details page 8).**

## NEWS IN BRIEF

7<sup>th</sup> November saw the third annual National MOVE Day with a theme of the MOVE Olympics. We are delighted that so many schools and centres were able to celebrate with us. For a chance to win the £500 Jenx voucher please let us know how you celebrated and we will gladly send you participant certificates. We would also love to see any photos you have of the day. Look out for MOVE Day stories in the next edition of 'On the MOVE'.

You many have noticed that our website [www.move-europe.org.uk](http://www.move-europe.org.uk) has undergone a makeover. We would like to thank Jeff Ruskin for his help in programming the website, Neil Lock for his design input and David Whitehouse

for volunteering his copywriting skills. We hope that you find our new website informative and easy to use.

### Did you see us?

In the past few months MOVE has featured in the following publications:  
 Aberdeen Press & Journal  
 Flying Start magazine  
 International Journal of Therapy and Rehabilitation  
 Special magazine  
 That's Life magazine  
 The Northern Scot  
 4us magazine

**Watch out for more to come!**

## ASK OUR EXPERT



Christine with Colin, a young man on the MOVE Programme

All letters are answered by Christine Shaw MCSP. Christine is a physiotherapist and has worked in paediatrics for over 25 years. She has been working with the MOVE Programme for the last eight years and has a wealth of knowledge to share.

**Question:**  
**How do we avoid giving parents unrealistic expectations for a child with profound and complex physical and learning disabilities who may never learn to walk?**  
**Roberta Ivonovich, Cardiff.**

**Answer:**

In order to answer this question we need to address what we mean by “unrealistic expectations” and the definition of the term “learn”. Everyone needs to have goals and aspirations to work toward; we don’t say to our children, no, you will never play football for England, or, you will never be a ballet dancer when they tell us that is what they want to do. We provide the opportunities and encouragement by providing situations at the appropriate levels according to their abilities – a local age group football team or the local dance club.

The same applies for the parents of the children we work with: we need to work sensitively with them and ensure that their goals are directed toward functionality. If a parent of a non weight bearing child says “I want them to walk independently”, bring the goal to a functional approach, for example, “Where do you want them to walk to?”, and, “What skills do we need to begin with in order that they can begin the pathway to achieving the goal?” In this case, we will need to begin with learning to weight bear.

**If you have any questions for Christine please send them to Conchita Garcia (details page 8).**

## STUDYING MOVE

Canterbury Christchurch University has run a successful Masters Course in Special Needs - "Enabling Learning and Institutional Development" for many years. (The course has 3 parts: the Post Graduate Certificate level (Year 1), The Post Graduate Diploma (Year 2) and then, in the final year, the dissertation.)

This year a new initial module has been introduced, the "Post Graduate Certificate in Working With People with Physical and Sensory Impairments". This module has 2 main foci and uses the work of two charities, "Sense" and "MOVE". The work of Sense will form the content on Sensory Impairment and the MOVE Practitioner Course is the basis for the work on Physical Development.

The MOVE Programme, its application in school centres and the progress of pupils will be topics that the students may use for Evidence-Based Research. There are 10 students on the course this year, mainly from Kent Special Schools for children with Profound, Severe and Complex Learning needs. The course will be delivered at St. Nicholas School as the Head teacher, Daniel Lewis, and Assistant Head, Stephen King, are Associate Tutors for the University.

This course is in its infancy, however this is an exciting new opportunity, which will raise the profile of MOVE within the Educational Research world.

**If anyone is interested in taking part in next year’s course please contact Stephen King at St Nicholas’ School for more information (details page 8).**

## A MOVING NOMINATION

Earlier this year Cath Marshall, MOVE Consultant at Wyvern School, Kent was nominated by parents for ITV’s ‘National Teacher of the Year’ as part of the Pride of Britain Awards.

The nominations were for teachers with a unique and inspirational approach to their work and those who were truly exceptional and made an outstanding contribution to the lives of their pupils.



Cath with Tierney

Four finalists were selected from each ITV region in the UK, and due to Cath’s passion and dedication to the children she works with, she made it into the area finals for Meridian. It was then up to a panel to select the finalist in each of the ITV regions.

Unfortunately Cath was not put through to the next round, however out of all of those who were nominated, and out of the finalists selected, Cath came second in what was a very close decision for the judges. We at MOVE would like to pass on our congratulations to Cath for such a fantastic achievement it was a truly deserved nomination.

**If anyone has a good story to share in the next edition of ‘On the MOVE’, please contact Conchita Garcia (details page 8).**

## THE ULTIMATE JUMP!

**By Fabian De Souza**

Define bravery and courage? It is quite hard when you think about it. Some people say that I was brave for jumping out of a plane despite my fear of heights and flying, but all I could think about was the reason I was doing it, the children needing the MOVE Programme. A routine day for us can be straight forward but these children need extra help to be able to access the same opportunities that I have and that's why I jumped at the chance to support MOVE in this way.

The day itself was full of nerves and excitement. The adrenaline pumping through me, I noticed my hands trembling at the thought "This is it! No turning back now!" I put on a brave smile as I approached the plane, and that is when my instructor pulled me to one side and said the chilling words that had my heart leaping to my mouth "We will be jumping first!!!"

As we flew into the heavens, my thoughts raced away in my head. Then the door flew open and with not even a second to think and my heart beating like thunder, I was freefalling. As the parachute opened I admired a view of indescribable beauty, it was simply breath taking. I had done it!

MOVE Europe's targets and goals have moved me. Anything is possible with the right amount of determination and a willing heart to do so, and for this reason I would recommend skydiving or any other type of challenge for MOVE.

*Thanks to Fabian over £600 has been raised for MOVE to go towards new children gaining access to the Programme. We would like to pass on our deepest thanks to Fabian for choosing to support MOVE in such a daring way.*

**If you would be interested in carrying out a challenge for MOVE or taking part in any other fundraising activity we would love to hear from you. Please contact Amanda Tucker (details page 8).**



Fabian mid flight!

## RUN NEIL RUN

**By Neil Lock**

Following in the footsteps of my father, who was training for the 2008 London Marathon, I decided to start street running. To some my efforts may have seemed a little feeble, but to me it was a challenge considering that previously, baring the odd treadmill run, I think I could tally all of my runs on one hand alone!



Neil on the move

In mid June I ran in my first 10km race in Hyde Park along with 20,000 others and at this point I chose to run for MOVE Europe. I knew that by running 10k I would struggle to raise as much as I would have liked so I decided to set my sights a little higher.

I decided my goal should be by New Years 2008 to have run at least 500km, at least one marathon distance a month or 10km a week for the remainder of the year. I reached this target 2 months ahead of schedule and am now training to run my very first Marathon. If you would like to track my progress over the year log

on to my website: [www.neillock.co.uk](http://www.neillock.co.uk)

**If like Neil and Fabian you would like to do a challenge to raise money for MOVE, please contact Amanda Tucker (contact details page 8). There's no challenge too big or too small and now that MOVE can be found on Just Giving, fundraising is made even easier! Please see [www.justgiving.com](http://www.justgiving.com)**

## SUPPORT US

MOVE needs YOU to help make a difference. There are a number of ways you can help raise awareness and support for the charity.

### Corporate Partners

We are always looking to develop new partnerships with the business community. A partnership of substance with a charity can help to improve customer and employee loyalty as well as strengthen brand image.

### Sponsor a Child

Sponsoring a child is an effective way of making a genuine difference to someone's life. Just £21 a month (70p a day) will give a child the chance to access the MOVE Programme and you will receive regular updates on the child's progressions and achievements. For more information please contact Conchita Garcia (details page 8).

### Donate Online

Visit our website to donate online and enable as many people as possible to access the MOVE Programme. [www.move-europe.org.uk](http://www.move-europe.org.uk)

### Purchase MOVE Products

MOVE produces including t-shirts, pin badges and Christmas cards can be purchased for events, fundraising or simply to show you support. See our website for details.

**For more information or a fundraising pack please contact Amanda Tucker (details page 8).**

## HOW I RAISED £600 FOR MOVE

By Margo Munro Kerr

Last March, before the Easter holidays, each pupil in year seven at The Dragon School in Oxford was given a loan of two pounds by the school governors. Their task was to use it in the holidays to raise more money through an entrepreneurial scheme. At the end of the holidays, we were each asked to hand in an account of our schemes, the method of raising money, transactions and profits, and having returned the original two pounds, give all the money raised to a charity fund to be divided later. The total amount thus raised by the one hundred and forty pupils was £2,500.

Twenty pupils who had original or very profitable schemes were then invited to elect a charity to receive a portion of the money raised. They gave presentations about their nominated charities to Mr Danny Gill, the main organiser of all charity events at the Dragon School.



Margo handing over the cheque

In the end, six were chosen. Four amounts of six hundred pounds, and two of three hundred pounds were awarded as donations to those charities.

In my case, I added to the Governors' two pounds a starting loan of forty pounds from my parents, to be paid

back at the end. I took twenty orders from my school fellows of shirts, mostly T shirts; any colour, any design. I collected orders in a notebook in which I had drawn the designs for approval. I bought suitable basic shirts from charity shops and from the internet, and bought dyes, craft and sewing materials. In the holidays I dyed, sewed, appliquéd, painted, beaded and cut the shirts to produce the finished items. I added thirty more of my own designs to sell back at school. Having made fifty shirts, I charged five pounds for the pre-ordered ones, and for the rest, between one and four pounds, depending on the time and energy involved. Having sold every single shirt, with all debts paid off, I made a profit of one hundred and thirty pounds.

I was thrilled to be one of the four who was awarded six hundred pounds. I chose to donate the money to MOVE, having heard about it from my stepfather Julian Beauchamp who sits on the fundraising committee. I'm very glad for the opportunity to give this.

*MOVE would like to thank Margo for all her hard work, dedication and support in fundraising for us.*

## THE MOVE DISCO

By Nicola Robinson - Chairman-Friends of MOVE-Hampshire

Who says the young today don't have a social conscience?! Overseen, by 'Friends of MOVE – Hampshire', a sub-committee of representatives from over 20 schools and colleges met last Easter to name and plan their summer fundraiser, 'The MOVE'.

Members of the sub-committee designed the event's application forms and posters, ran an incentivised ticketing scheme, decorated the barn under the expert eye of a couple of student art specialists and set up and cleared up after the party. Some older brothers and friends also acted as security guards, helped with the bbq and provided qualified first aid cover.

Entertainment was provided by the Carthusian band, the Overtones, who played a mix of their own pieces and some covers. The band was well received by the revellers, many of whom had come straight from Reading Festival. After the band finished, the DJ kept everyone on the dance floor until after midnight.

In between meeting old and new friends, enjoying the music and relaxing in the chill-out area, guests enjoyed a bbq, Krispy Kreme doughnuts, beer and bubbly.

The MOVE raised around £2,000 which will go to benefit severely disabled children in Hampshire. "The unsung heroes of the evening were definitely the youngsters of Wield and their friends who put in a lot of effort, enthusiasm and time to make the evening an overwhelming success. A special thank you to CJ, Ed, Chris, Holly, David, Jamie, Ben, Daisy, Jenny, James, Tom, Nats, Emi, Guy and their mates.

**If you or anyone you know would like to hold a fundraising event to raise money for MOVE then why not get in touch with our fundraising team who will give you some help and information. Please contact Amanda Tucker (page 8).**



'The MOVE' disco

## APOLOGY

In our last edition of 'On the MOVE' we wrongly labelled a picture as Mayfield School when in fact the photo showed adults from Hensingham Day Centre enjoying their MOVE Day games. We would like to apologise for this error and any inconvenience caused.

## JORDAN'S STORY

Jordan Donald, aged 14, started at Beeslack Community High School with a split placement at Saltersgate Special School in Scotland. A lively youngster, Jordan is mobile with a rolator and has made great progress on his goals on the MOVE Programme. In the past year Jordan has achieved his goal of being able to walk up and down stairs independently. Not only does this mean that in an emergency, Jordan is able to evacuate the school building the same way as everyone else without the need for an Evac chair, but it also gives him more freedom outside of school. For example, he can get around the department stores in town.

Jordan can now be found moving around the school with speed and control and continues to make progress with the use of a stop watch, time sheets and incentives!

Jordan's teacher, Gill Pye, says:

*"By participating in the MOVE Programme Jordan has certainly grown as a person. He is now full time at mainstream school and access to the curriculum has been fully achieved. He is well integrated within the classroom situation and the acceptance of other youngsters has been super."*

Jordan says:

*"I first started MOVE in my first year with Mrs Pye and my Physio, Rosemary Gaunt. This helps me build confidence. I can now climb stairs and kerbs. MOVE has helped me move around the classroom more freely. It has given me independence. I have done lots of different sports like golf at the golfing range, swimming and basketball. I walk further and better than I used to and I get myself out of bed in the morning now, I started doing it last Saturday. My mum used to do it.*

*MOVE is the best, it has changed my life."*

**We love to hear of success stories of people on the MOVE Programme so if you have any children at your school or centre who have made good progress or have graduated from the MOVE Programme please contact us and let us know and we will send you a MOVE t-shirt and certificate (details page 8).**

## MOVE IN KENT AND MEDWAY

As mentioned in your last edition of 'On the MOVE', our three year special school agreement, between MOVE and Kent and Medway has now come to an end. The agreement has been a great success with 120 new Practitioners and four MOVE Trainers trained throughout the county, including Kent's two MOVE Consultants, Cath Marshall and Stephen King.

We are delighted to announce that MOVE in Kent and Medway is now sustainable throughout the special schools in the area following our first English agreement, ensuring that children will be able to benefit from the Programme, both now and in the future. These special schools will be continuing the expansion of the Programme using their own development plan, which will be led by Kent's Trainers, Consultants and Regional Centre of Excellence, St Nicholas' School.

Daniel Lewis, Head Teacher of St Nicholas' School, comments, *"We are building up a strong network of trained committed MOVE Practitioners in each of our district special schools who are extending the Programme to more pupils in the county than ever before."*

We at MOVE are delighted with the work being carried out in Kent, Chief Executive, Peter Holland, says, *"Kent and Medway Special Schools have made significant steps towards MOVE's overall aim to ensure MOVE is available for those children who could benefit from it into the long-term. We are extremely grateful for all of the hard work put in by everyone involved"*.

**If you would like to find out further details on how to establish a MOVE agreement throughout your local authority, please contact Conchita Garcia, (details on page 8).**

## CHRISTMAS CARDS

This year our Christmas cards have been designed by children on the MOVE Programme in Regional Centres of Excellence Woodlands School in Aberdeen and Mayfield School in Cumbria. The cards are available in three designs and come in packs of 10 with envelopes and all read 'Wishing you a Merry Christmas and a Happy New Year'. It is a great way to support MOVE as all profits go to the charity so please contact us (details page 8) if you'd like to make an order.



A6 Robins- £4 a pack



A5 Angels-£5 a pack



A5 Snowmen-£5 a pack

## Thank You

We are extremely grateful to everyone who has supported MOVE recently. Our supporters for the past year have included: The Laidlaw Youth Project, The Childwick Trust, The Friends of MOVE –Hampshire, The MacRobert Trust, The Elizabeth and Prince Zaiger Trust, The Lady Eda Jardine Charitable Trust, The Bruce Wake Trust, The J.K. Stirrup Deceased Charitable Trust, The Valentine Charitable Trust, The Pilkington Trust, The Sydney Black Charitable Trust, The Oppenheimer Charitable Trust, BUPA Giving, The David Solomons Charitable Trust, Sun Valley Foods, Kids Days Out, The Simon Digby Charitable Trust, The Michael Marsh Charitable Trust, The Hedley Foundation, Jeans for Genes and Internal Market Directorate. We would also like to thank all of our child sponsors and Slaughter and May for kindly printing the newsletter.

## Contact Us

If you would like some support from your nearest Consultant or wish to visit your nearest Regional Centre of Excellence (RCE) then please do not hesitate to use the contact details below. They provide free support and information and are here to answer your questions.

**Lynne Brownrigg and Sandra Heddle** – Mayfield School, Moresby Road, Hensingham, Whitehaven, Cumbria, CA28 8TU, T:01946 852 676  
**(Consultant and RCE)**

**Danny Carter**— Craig y Parc School, Pentyrch, Cardiff, South Glamorgan, Wales, CF4 8NB, T: 029 2089 0397  
**(RCE)**

**Di Colville**—Mapledown School, Claremont Road, Cricklewood, London, NW2-1TR, T:020 8455 4111 **(RCE)**

**Liz Gray** – Dr Gray’s Hospital, Paediatric Physiotherapy, Elgin, Moray, 1V30 1SN, T:01343 567 368  
**(Consultant)**

**Nina Graves** – St Luke’s Primary School, Grange Lane North, Scunthorpe, North Lincolnshire, DN16 1BN, T:01724 844 560 **(RCE)**

**Pearl Heaney**—Mavisbank School, Mitchell Street, Airdrie, Lanarkshire, Scotland, ML6 0E, T:01236 752 725  
**(RCE)**

**Stephen King**—St Nicholas’ School, Holme Oak Close, Nunnery Fields, Canterbury, Kent, CT1 3JJ, T:01227 464 316 **(Consultant and RCE)**

**Cath Marshall**—Wyvern School, Clockhouse, Brookfield Road, Ashford, Kent, TN23 4YN, T:01233 621 468  
**(Consultant)**

**Keith Pritchard**—The Farmhouse, 171 Chaseley Road, Rugeley, WS15 2LQ, T:01889 582 044 **(Consultant)**

**Sarah Riley**—West Specialist Inclusive Learning Centre, 4 Town Street, Stanningley, Leeds, West Yorkshire, LS28 6HL, T:0113 214 6107  
**(Consultant and RCE)**

**Maggie Roger**—Drummond School, Drummond Road, Inverness, IV2 4NZ, T:01463 701 050 **(Consultant and RCE)**

**Caroline Stirton**—Woodlands School, Regent Walk, Aberdeen, AB24 1SX, T:01224 524 393 **(Consultant and RCE)**

**Phyllis Tulloch**—Birnie Child Development Centre, Raigmore Hospital, Inverness, Highland, Scotland, IV2 3UJ, T:01643 704 419  
**(Consultant)**

**Jan Wells**—Stanton Vale School, Thoresby Road, Long Eaton, Derbyshire, NG10 3NP, T:01159 729 769 **(Consultant and RCE)**

**Gail Evans**—Carnegie Clinic, Inglis Street, Dunfermline, Fife, Scotland, KY12 7AX, T:01383 722911  
**(Consultant)**

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